

## Short Communication

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### Carrier detection of $\alpha$ thalassaemia: An emerging role of HPLC

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#### ABSTRACT

Beta thalassemia is one of the commonest recessive genetic diseases. It results in a severe anemia needing monthly transfusion. Our aim was to evaluate hematological profile of cord blood HPLC for prenatal diagnosis of beta thalassemia. Cord blood samples at 18-24 weeks gestation from 113 mothers suspected for beta thalassemia was studied. Out of them 34 was maternal contamination. HbF & HbA<sub>0</sub> were determined by cation exchange high performance liquid chromatography. In HPLC studies for beta thalassemia, 13 fetuses were affected, 32 were carriers and 34 were normal. © 2013 Trade Science Inc. - INDIA

#### KEYWORDS

Cord blood;  
 HPLC;  
 Beta thalassemia.

#### INTRODUCTION

Thalassaemia is a heterogeneous group of autosomal recessive disorders due to mutations causing decreased or absent production of the polypeptide globin chains. The distribution of beta thalassemia gene is not uniform in the Indian subcontinent. The highest frequency of beta thalassemia trait is reported in Gujarat, followed by Sindh, Punjab, Tamil Nadu, South India and Maharashtra (1.9%) so prenatal diagnosis of beta thalassemia is very useful for prevention of affected child birth<sup>[1]</sup>. The introduction of a new simple HPLC method allowing precise quantification of the various Hb fractions prompted us to evaluate its reliability in prenatal diagnosis of thalassemia and hemoglobinopathies<sup>[2]</sup>. This method, which utilizes a commercial column designed

for hemoglobin fractions measurement, allows much more rapid and precise evaluation of fetal blood samples in the mid trimester of pregnancy<sup>[3]</sup>.

#### MATERIALS AND METHOD

Total 113 cord blood sample were collected for the study. They were come from *Obstetric & Gynecology* OPD for screening of beta thalassemia in hematology department AIIMS. Blood samples were collected in 2 ml vacutainer containing EDTA as an anticoagulant. Complete blood count and red cell indices were measured by automated Analyzer (SYSMEX K-4500, Kobe Japan). Quantitative assessment of hemoglobin, HbF, HbA<sub>0</sub> were performed by HPLC (Bio-Rad-Variant<sup>TM</sup> Bio Rad, CA, USA)

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### RESULT AND DISCUSSION

Total 113 cord blood were included in the study out of them 34 were maternal contaminated while 34 (mean age  $27.3 \pm 3.9$ ) were normal, 32 (mean age  $26.7 \pm 3.7$ ) were carrier and 13 (mean age  $27.7 \pm 3$ ) were affected. Hematological features are summarized in TABLE 1. HbF were 100% in affected cord blood and HbA0 level were  $< .8$ ; however mean Hb ( $11.5 \pm 0.9$ ) and red cell indices were elevated. Beta thalassaemia is common in Asian Indians with carrier frequency of 3-7 % (8). Many thalassaemia major children are born every year and require regular transfusions to sustain life<sup>[4]</sup>. HPLC is a sensitive and precise method for detecting thalassaemia and abnormal Hbs<sup>[5-8]</sup>. It has become the preferred method for thalassaemia screening because of its speed and reliability. An automatic HPLC system (VARIANT<sup>TM</sup>, Bio-Rad) has been developed primarily for the detection of  $\beta$ -thalassaemia disorders such as

$\beta$ -thalassaemia carriers, Hb S and Hb C. However, information is quite limited about using such a system to study the complicated  $\alpha$  thalassaemia and  $\beta$ -thalassaemia syndromes in Southeast Asia<sup>[9]</sup>. A recent Indian study performed PND for thalassaemia major in 58 cases by automated chromatography. Adult hemoglobin (HbA) levels in homozygous beta-thalassaemia fetuses varied from 0% to 0.4%. The normal or heterozygous fetuses had beta/alpha ratios of  $> 0.04$  and HbA ranging from 2.1% to 10.6%<sup>[10]</sup>. Other studies on HPLC diagnosis of thalassaemia major had been performed in large subjects. The largest study studied 212 cord blood samples at 18-22 weeks gestation and detected 44 affected fetuses<sup>[11,12]</sup>. We conclude that the Hb level and red cell indices show same level in affected, carrier and normal thalassaemia cord blood, a measurement by the HPLC technique proposed should be the reliable method for prenatal diagnosis of thalassaemia and related disorders in the mid trimester of pregnancy.

**TABLE 1 : Hematological profile of affected, carrier & normal cord blood**

Type	HbF	HbA0	WBC Ths/ $\mu$ l	RBC millions/ $\mu$ l	HGB g/dl	HCT %	MCV fl	MCH Pg	MCHC g/dl	PLT Ths/ $\mu$ l
Affected	$100 \pm 2.2$	$0.5 \pm 0.7$	$15.71 \pm 19.10$	$2.7 \pm 0.2$	$11.5 \pm 0.9$	$35.5 \pm 2.3$	$127.4 \pm 7.9$	$41.5 \pm 2.3$	$32.5 \pm 1.1$	$203.4 \pm 38.5$
Carrier	$96.9 \pm 3.6$	$2 \pm 0.4$	$12.46 \pm 11.32$	$2.7 \pm 0.3$	$11.37 \pm 1.27$	$35.6 \pm 3.9$	$130.9 \pm 8.9$	$41.62 \pm 3.33$	$31.9 \pm 1.4$	$216.1 \pm 63.6$
Normal	$94.3 \pm 2.8$	$5 \pm 1.7$	$15.3 \pm 19.7$	$2.5 \pm 0.6$	$10.81 \pm 2.60$	$33.9 \pm 7.6$	$131.5 \pm 10.4$	$42.14 \pm 3.70$	$32 \pm 2.1$	$178.3 \pm 59.9$

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